Global Health Access (GHA) Institute
Certified Telemedicine/Telehealth Professional

Understanding Tele-Behavioral Health
Course ID 518

LEARNING MANAGEMENT SYSTEM (LMS)

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Global Health Access Institute

Course Number: TBH 518
Course Title: Understanding Tele-Behavioral (TeleMental) Health
Disclosures for the Event:

- Global Health Access (GHA) Institute is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

- To claim 3 contact hours for this event, the participant must complete entire course, pass all quizzes with 100% and complete final assessment with a score of 80% or higher

- Expiration Date: 8/14/27

- GHA approved Provider Number #PO566

- 752 Walker Rd Great Falls VA 22066

Target Audience: Nurses, Nurse Practitioners (NP), Medical Doctors, Pharmaceutical Professionals, Tele-neuropsychologists, social workers and mental health providers.

Teaching Strategies: Self Pace online virtual interactive videos, quizzes, and exam
Online virtual training

Course Description: Nurses often are not familiar with using Tele-Behavioral health technology when providing health care virtually. This course will provide the knowledge for nurses and other health care professionals to understand how to use technology when providing virtual behavioral health. Allows successful completers to use the TBH title and certification designation
- Enhances professional employment opportunities
- Drives distinction in the healthcare profession

Markets the healthcare profession

Course Objectives: At the end of this course, the student will be:
•   Knowledgeable on how to conduct a telehealth/tele-behavioral needs assessment
•   Have better understanding of services to be delivered and proposed patient populations
 •   Recite Tele-Behavioral Health terminology
•   Define key terminologies used in tele behavioral health
•   State and explain the key technologies within tele-behavioral health
•   Explain broadband connectivity for tele-behavioral
•   Understand of licensure and malpractice
•   Recognize and discuss the forms used in the telemedicine
•   Explain the members of the telemedicine teams
•   speak to the scope of practices
•   Explain and perform proper record keeping

- •   Scribe appropriate examination room processes and explain the procedures
- •   Walkthrough and explain the key forms
- •   Recognize and state the importance of the Review of HIPPA
- •   Explain tele-behavioral benefits and barriers

ENABLING PERFORMANCE OUTCOMES

After this course, certification participants should be able to perform as follows:

- ● Explain tele behavioral health
- ● Describe tele behavioral models
- ● Speak to the dilemma of licensing across state lines for providers
- ● Expound on the understanding of and need for a remote monitoring staff
- ● Recite tele behavioral terminology

<u>**General Topical Outline**</u>

Understanding Tele behavioral (Tele mental) Health: Stated simply, tele behavioral health knowledge, skill, and ability is the future. Tele-behavioral denotes to clinical services, specifically. This model employs telecommunications specifically to diagnose and then treat patients. Numerous applications and services are included under tele behavioral. The applications and services utilize email, smart phones, two-way video, wireless tools and other forms of telecommunications technologies. Tele behavioral is an emerging and stirring model of care delivery. The model of care delivery is a dynamic force for addressing current encounters in the healthcare landscape.

<u>**References**</u>

Enhancing Telehealth Education in Nursing: Applying King's Conceptual Framework and Theory of Goal Attainment, https://pubmed.ncbi.nlm.nih.gov/28899265/ (2017)

Telehealth and eHealth in nurse practitioner training: current perspectives. 2020, Telehealth the Covid-19 Pandemic https://www.jopan.org/article/S1089-9472(20)30235-5/fulltext

Benefits and Barriers of telebehavioral health care delivery system according to American Telemedicine Association & American Psychiatric Association literature review discusses " Best Practices in Video Conferencing-Based Telemental Health" (2018)

Benefits and Barriers "Increasingly, telehealth technologies are being adopted and implemented as an efficient and cost-effective means for delivering and accessing quality health care services and outcomes. The JNP Telehealth Benefits and Barriers, J.Pelkowski, 2020

Telemedicine has the potential to reduce American health care spending by decreasing problems like medication misuse, unnecessary emergency department visits, and prolonged hospitalizations."Balestra M. Telehealth and legal implications for nurse practitioners.
8. J Nurse Pract. 2018;

The rapid expansion of telehealth, especially during the coronavirus disease 2019 (COVID-19) pandemic, paired with variable regulations and guidelines creates increased potential for liability and legal issues. Virtual risk: an overview of telehealth from a risk management perspective. 2018.

https://www.medpro.com/documents/10502/2820774/Virtual+Risk+-+An+Overview+of+Telehealth.pdf
Date accessed: August 15, 2020,

Wider acceptance and incorporation of telehealth can be attributed to several factors.
Smith E. American telemedicine association applauds landmark expansion of Medicare telehealth coverage. American Telemedicine Association. September 20, 2018.
https://www.americantelemed.org/press-releases/american-telemedicine-association-applauds-landmark-expansion-of-medicare-telehealth-coverage/Date accessed